

# "Respect in Sport" FAQ

#### **BC HOCKEY**

#### What is Respect in Sport?

RIS is an on-line training course for coaches and sport leaders. It is designed as a tool to assist coaches in identifying and dealing with abuse, neglect, harassment and bullying in sport.

## Why is this being implemented?

BC Hockey is joining a National initiative whereby Respect in Sport will be recognized as a method to gain SpeakOut! accreditation. BC Hockey continues to believe that we should be proactive in making sport in our province safe and welcoming for all participants. Respect in Sport helps us promote those values through this simple and convenient online tool.

## How is Respect in Sport implemented?

Respect in Sport is presented as an on-line curriculum and includes audio / visual presentations, quizzes and printable handouts.

## What equipment is required to use Respect in Sport?

All that is required to complete the Respect in Sport curriculum is a computer, an Internet connection, and speakers or a headset. Optional equipment includes a printer to print the handouts and / or your certificate of completion.

#### What if I don't have a personal computer?

Respect in Sport is available from any community computer: your work, library, a friend, school. Your information will be confidential as you log on with your own password to access the program each time.

## What if I don't have a high-speed connection?

The course is designed to be accessible from any PC using a dial-up or high-speed Internet. Once modules are downloaded, the user experience is the same at any speed. The speed of download is completely dependent on the connection speed.





#### What if I don't know anything about computers?

Through extensive research and development, the program was designed, first and foremost, to be user-friendly. It is extremely simple to use and has been implemented and tested by many sport organizations with little or no reported difficulties. There is also an on-line "Help" feature and a 1-800 support line available.

## Is there a paper version of the program?

No! This is by design. We are forever creating paper that costs lots of money and sits in the corner unused. Respect in Sport's on-line courseware eliminates the need for our organization to absorb printing, mailing and administration costs. Respect in Sport also gives you ongoing access to the course once you've completed it, as an on-line resource. There are some documents you can print if you want them but that is your choice.

#### **NCCP**

#### How does this relate to NCCP training?

Respect in Sport was designed to complement the existing NCCP programs.

#### How is this different than the making ethical decisions NCCP module?

Respect in SportS is quite different and far more specific in dealing with the key issues of abuse, neglect, bullying and harassment. That's the focus. Again, it fully compliments the Making Ethical Decisions NCCP module.

#### COACH

## As a volunteer coach I am being asked to do another course?

No. This simply replaces the SpeakOut! clinic. It really is one of the most important courses you'll take as a volunteer who is responsible for teaching and training athletes. With this training you should feel more confident in dealing with issues relating to abuse, neglect, bullying and harassment and hopefully feel much more secure in this often overlooked area. This course will protect you and the young people in your care and hopefully make you feel more comfortable being a volunteer.

#### How long is the course?

It is a total of three hours but it is split in six (6) simple half-hour modules.





#### Do I have to do it all at once?

That's the beauty. You can do it at your leisure. Just come and go as you please. The program knows where you left off and brings you back to that point when next you sign-in.

#### What is the deadline?

The BC Hockey deadlines are not affected by the change to Respect in Sport from the SpeakOut! clinic. All active coaches will be required to take the course by December 1 of the given season.

#### What are the benefits for a coach?

- It will help you better understand the responsibilities, reward and respect that come with being a coach.
- It will make you more confident in identifying and dealing with abuse, neglect, bullying and harassment.
- o It will ensure a safer and more respectful environment for you, other coaches and the children in your care.
- As a more knowledgeable coach, it will also better mitigate your own personal liability associated with this very volatile area within sport.

## • Why do I have to take this course if I am coaching adults?

Values are values. Whether you are coaching youth or adults, the issues of abuse, neglect, bullying and harassment are the same.

# • I'm just helping out; I'm not the head coach. Why should I have to take the course too?

Anyone who is in a leadership position with our youth or adults and involved in sports needs to have this knowledge.

